

COVID-19 PRECAUTIONS

Do not come to class if:

1. You, your child or any family members have cold symptoms, coughing, shortness of breath, runny nose, sore throat, raised temperature or fever - we will be taking your temperature on arrival and you will lose your class
2. You have been travelling to a risk area 14 days before or had visitors from an at risk area

Before class

1. Bring your own snack (avoid nuts please due to allergies)
2. Bring your own coffee/tea - the kitchen will be closed
3. Use the bathroom before you come to avoid using the toilets as much as possible
4. Older siblings will not be allowed in class :(
5. Avoid travelling by public transport if possible - walk, bike or come by car
6. Use a child carrier if needed as we are not allowed to leave prams in the building

On arrival

1. In the cloakroom, wait until there is a space free
2. Change your shoes/coats as quickly as possible for others to use the cloakroom
3. Wash your hands/use hand sanitiser on arrival

In class

1. Keep 1.5m distance from other adults and children - there are chairs for you to sit on (this will be good for us not interrupting our own children too!)
2. Children do not need to keep 1.5m distance from each other
3. Activities are to be cleaned after each use - this will require us to work together for everyone's safety. If you do not have time, place these on the top of the shelves and the community will help each other to clean these.
4. There will be no food preparation activities - bring your own snack (avoid nuts please due to allergies)

After class

1. Keep your distance in the cloakroom
2. Change your shoes/coats and leave as quickly as possible
3. Wash your hands/use hand-sanitiser after the lesson

Do:

1. Have fun
2. Leave happier than you came

We are so happy to be back together - we will miss the handshakes and the hugs and the cups of tea but being able to be back together in a safe way is something to be grateful for too.